

**Shasta County Youth Resource List
2022-2023**

Drop-in Centers		
<p>Redding Teen Center 2981 Churn Creek Road Redding, CA 96002 530-232-3610</p> <p>Hours: M-F 1:30-6pm</p> <p>www.hopeshasta.org</p> <p>Teen Centered App: https://apps.apple.com/us/app/teen-centered/id1575603908</p> <p>Qualifications: -Age 13-17, 18 if still in High School. Teen Center Permission slip required.</p>	<p>Anderson Teen Center 2889 E. Center St. Anderson, CA 96007 530-365-9021</p> <p>Hours: M,T, Th, F 2:30-6pm, W 1:30-6pm</p> <p>www.hopeshasta.org</p> <p>Teen Centered App: https://apps.apple.com/us/app/teen-centered/id1575603908</p> <p>Qualifications: -Age 13-17, 18 if still in High School. Teen Center Permission slip required.</p>	<p>Ready for Life Host Homes Resource Center 962 Maraglia Street Redding, CA 96002, upstairs 530-222-1826</p> <p>Hours: Vary, Typically 12-5pm M-Th, Call ahead</p> <p>https://calendar.google.com/calendar/u/0/embed?src=c_grcutv1on9ht01mrd13eolok@group.calendar.google.com&ctz=America/Los_Angeles</p> <p>Qualifications: -Age 18-24, housing unstable</p>

Education		
<p align="center">California Heritage YouthBuild Academy 16-24+</p> <p>chyb charter.com (530) 378 5254 info@chyb charter.com</p> <p>A free public charter school that provides academic and career training for those in need of a high school education. Students participate in academics, life skills, and career development classes, as well as leadership development and community service activities.</p>	<p align="center">Shasta Adult School Age</p> <p>(530) 245-2626 lcahill@suhsd.net</p> <p>Qualifications: 18+ Resident of California</p>	<p align="center">Shasta College</p>

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Employment		
<p align="center">SMART Workforce Center - Young Adults Program Age</p> <p>thesmartcenter.biz 530-245-1528</p> <p>Through this program, SMART offers a wide array of services to assist with our clients' career options. These services include paid internships/work experience, job assistance, and supportive services to help them transition into adulthood.</p>	<p align="center">Youth Employment Opportunity Program (YEOP) - California EDD Age 15-25</p> <p>-Peer advising, referrals, education and career coaching, employment preparation and assistance, workshops, etc.</p>	

Foster Youth		
<p align="center">Youth and Family Programs Age</p> <p>ncyfp.org (530) 365-9197</p> <p>Provides assistance to foster youth and families, transitional housing, and an independent living program. The Independent Living Program (ILP) provides training, services, and benefits to assist current and former foster youth in achieving self-sufficiency prior to and after leaving the foster care system.</p>	<p>Krista Age 18-21 1135 Pine Street, Redding, California 96001 Office: 530.246.1259 https://kristafosterhomes.org/transitional-housing</p> <p>Qualifications: Referral from SW or PO 18-21 year olds who had an order for foster care placement on their 18th birthday AND 1 of the following: -Attending school (high school or college) -Working at least 20 hrs/week OR -actively looking for a job -regularly attending mental health treatment -another program to prepare you for school/work</p>	<p align="center">Children First Foster Family Agency</p> <p>Age 16-24 2608 Victor Ave Suite A, Redding, CA 96002 (530) 364-5053 https://childrenfirstffa.com/transitional-housing-program/</p> <p>Housing Type: Transitional Housing Placement Program: (THPP) 16-18 years old – Lives with mentor Transitional Housing Program + Foster Care (THP+FC) 18-21 years old – Lives on their own or with a roommate Transitional Housing Program Plus (THP Plus) 21-24 years old – Live on their own or with a roommate Qualifications: Age 16-24, in foster care</p>

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Health Care		
<p align="center">Hill Country Community Health Center Age</p> <p>Hillcountryclinic.org (530) 337-5750 admin@hillcountryclinic.org</p> <p>Provides Medical, Dental, Chiropractic, Behavioral Health services, & Walk-in mental health support services. The Care Center offers drop in no appointment needed Crisis Mental Health Support for youth and adults at no fee- open everyday of the year 12 pm - 9 pm.. Behavioral Health Mobile Crisis unit serving the Redding Area. In addition provides 16 residential units for youth (ages 18-24) transitioning out of homelessness who are engaged in education and meet criteria. Eastern County Services for Youth with Mental Health needs ages 13-24 and two Teen centers in Burney and Round Mountain, where local teens can gather to plan activities, get help with homework, and socialize.</p>	<p>Shasta Community Health Center</p>	<p>HOPE Van</p>

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Housing		
<p align="center">Lutheran Social Services Lssnorcal.org 18 - 24</p> <p>Contact Marci Kennedy (530) 248-3899</p> <p>Provides supportive housing services that lead to self-sufficiency.</p> <p>Qualifications: Transitional age youth 18 to 24 Homeless</p>	<p align="center">Northern Valley Catholic Social Services Age</p> <p>NVCSS.org (530) 241-0552</p> <p>Provides programs, such as Court Appointed Special Advocates, Clothes That Work!, and affordable and special needs housing in the North State.</p>	<p>Step Up Housing Assistance Program</p> <p>Shasta County ILP - Valerie Hartley, Breanna Blair 530-365-9197 Housing Type: Apartment</p> <p>Qualifications:</p> <ul style="list-style-type: none"> -No referral needed -Priority for former foster youth, probation youth -Overcoming barriers -Have the ability to sustain housing after assistance -Not in AB12-Extended Foster Care
<p>Hill Country - Center of Hope Transitional Housing for Students</p> <p>1201 Industrial St, Redding, CA 96002</p> <p>Phone: (530) 238-0514 Housing Type: Dorm with Roommates</p> <p>https://www.hillcountryclinic.org/center-of-hope/</p> <p>Qualifications: age 18-24, housing instability -must be enrolled at Shasta College or CHYBA</p>	<p>Youth & Family Live In-Mentor Program</p> <p>Carrie Graves 530-365-9197</p> <p>A live-in mentor lives in a home with older teens in foster care (age 16-17)</p> <p>Must be 19 years or older Open to single young adult or Couple</p> <p>Free rent & utilities \$200 Monthly Stipend No animals, alcohol or drugs are allowed on the property</p>	<p>Ready for Life Host Homes</p> <p>962 Maraglia Street Redding, CA 96002 530-222-1826</p> <p>Housing Type: A bedroom inside a community member's home</p> <p>Qualifications:</p> <ul style="list-style-type: none"> -Age 18-24, housing unstable -Willing to work with a case manager -Actively eliminating barriers towards housing

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Mental Health		
<p align="center">Hill Country Community Health Center Age</p> <p>Hillcountryclinic.org (530) 337-5750 admin@hillcountryclinic.org</p> <p>Provides Medical, Dental, Chiropractic, Behavioral Health services, & Walk-in mental health support services. Also manages 16 residential units for youth (ages 18-24) transitioning out of homelessness who are engaged in education through California Heritage YouthBuild Academy (CHYBA) or Shasta College.</p>	<p align="center">National Alliance On Mental Illness Age</p> <p>NAMI.org (916) 567-0163 info@namica.org</p> <p>Provides advocacy, education, support, and public awareness so that all individuals and families affected by mental illness can build better lives. NAMI also holds local Peer Support Specialist training.</p>	<p align="center">Shasta County Mental Health</p>
<p>NVCSS</p>		

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Mentoring		
<p style="text-align: center;">Catalyst Mentoring Age</p> <p>catalystmentoring.org (530)319-7164 info@catalystmentoring.org</p> <p>Trains mentors and connects students with mentors through the SCOE Systems of Support program.</p>	<p style="text-align: center;">Youth Options Shasta Mentoring Ages 8-17</p> <p>youthoptionsshasta.org (530) 244-7194 info@yoshasta.org</p> <p>Mentors help to empower youth in our community to make positive life choices that enable them to maximize their potential. The mentoring program utilizes adult volunteers to commit to supporting, guiding, and being an additional role model to local youth ages 8-17. Mentors meet one on one or in group settings a minimum of one hour per week for a period of one year.</p>	